

Quilcene Community Center October 2022 Newsletter

Words From Rosen ...

October is my favorite month. Why you ask? It's reliable. You always know what is going to happen in October.

1. The days will get shorter.
2. It will get colder.
3. The leaves will turn a beautiful shade of gold for a few days.
4. You will have to rake wet leaves for three weeks.
5. The World Series will take place.
6. The Mariners will not participate.
7. Scary little children will knock at your door demanding candy that is bad for them.
8. You will be inundated with politics on TV.
9. There will be a million Political Candidate signs hiding the three days of pretty leaves.
10. Somebody will say (usually at the Post Office) "Is it cold enough for you?"
11. You will need to wait until November to Spring Up and go off Day light savings.
12. Russell Wilson will not return to the Seahawks.

Like I said, October is reliable. A very special shout out to the Ranger Football team. They are young this year. Good grief the Quarterback is a freshman! They are doing great! Come out and support them!

Bob

Reliable October!!!

In this issue:

- Erwin's Ramblings
- Services in Quilcene

Sign up for newsletter:

brosen@olycap.org

Submit articles and events:

Email:

quilccnewsletter@gmail.com

Deadlines: 15th of the month

The newsletter is staffed by volunteers under the direction of Bob Rosen.

Thank you to all our contributors!





Low Income Home Energy Assistance Program

Providing assistance with

Electric, Propane, Oil, Wood or Pellets

For Home Heat

2022-2023 Season

The Online Calendar will open for appointments September 26th

Go to our website at www.olycap.org/energy-assistance to schedule, fill out our online application and upload the required documents to determine eligibility

or call (360)774-5225 and you must still complete an application

- ◆ Eligible home heating costs paid by the applicant directly to an energy vendor or indirectly through rent.
- ◆ The household's average monthly income is at or below 150% of the federal poverty level (FPL). Below is a chart of the current income limits by household size for the current program year.

Note: There are various deductions and exclusions allowed for different types of income. Your household's actual income must be calculated by the LIHEAP provider at the time of your appointment.

Household Size	1	2	3	4	5	6	7	8
Gross Monthly	\$1,699	\$2,289	\$2,879	\$3,469	\$4,059	\$4,649	\$5,239	\$5,829
Gross Yearly	\$20,388	\$27,468	\$34,548	\$41,628	\$48,708	\$55,788	\$62,868	\$69,948

Applications must include all the following documentation:

- ◆ **Photo I.D. for all household members 18 and older**
- ◆ **Proof of earned and unearned income for all household members 18 and older**
- ◆ **Proof of Social Security Numbers for all household members**
- ◆ **Copy of your current utility bill, or proof of account with your energy provider**



Ensuring warmth and safety for low-income households

Port Angeles

228 W 1st St, Suite J
(360) 452-4726

Forks

71 N Spartan Ave
(360) 374-6193

Port Townsend

2120 W Sims Way
(360) 452-4726

Medicare open enrollment is coming! SHIBA Can Help!

During open enrollment, SHIBA volunteers will be at the Quilcene Community Center from 10 to 1 on October 26 and November 23.

Medicare open enrollment is from October 15 through December 7. Do you have questions? Want to make changes?

If you are enrolled in Medicare, this is your chance to review your prescription drug plan (Part D) or your Medicare Advantage (Part C) plan. You can switch, drop, or enroll in a prescription drug plan or Medicare Advantage plan during open enrollment. We can also review programs that may help pay some of your Medicare costs.

Statewide Health Insurance Benefits Advisors (SHIBA) volunteers provide free, unbiased, one-on-one counseling to help you make better informed decisions about your Medicare related insurance. They don't sell anything because they have nothing to sell!

During open enrollment, SHIBA volunteers extend their time at the Quilcene Community Center.

SHIBA is a volunteer program that has limited capacity. Instead of waiting for us or being turned away, we suggest that you call Medicare at 1-800-Medicare or the Washington Office of the Insurance Commissioner at 1-800-562-6900 to get help during open enrollment.

Middle and High School Students: Quilcene and Brinnon Hikes!! Free for Students!

Choose from three guided hike experiences right here in our own backyard! The Quilcene-Brinnon Empowered Teens Coalition has partnered with Wild Society to bring you these fabulous *free* opportunities. If seats fill up, students will be placed on a wait-list.

September 24th: First Aid Training
October 15th: Watercolor Painting
November 5th: Yoga

Event Summary: Bus will pick up and drop off from the Quilcene Community Center and Brinnon School between 9 and 10AM and drop off between 3 and 4PM. Students will need transportation to and from the pickup sites, as well as sturdy walking shoes and a water bottle. Please pack a sandwich with your student to eat on the trail. Additional snacks such as trail mix, beef jerky, fruit, and granola bars will be provided. Water bottles will be provided to students who do not bring a water bottle.

Release forms/permission slips will be signed during student drop off the day of the hike.

Location: Potential sites include Murhut Falls, Jefferson Ridge hike, Dosewallips State Park, Duckabush River Trail. Communication regarding final trail selection will happen during pre-hike check in call.

Potential inclement weather/alternative indoor space is Brinnon Community Center. Communication will be made via phone number provided if weather cancels the hike.

Cost: FREE!! Fees associated with this event have been covered by the Quilcene-Brinnon Empowered Teens Coalition.

****Space is available for 10 middle and high school students per hike. Once registration is full, a waiting list will be created. Families will be contacted based on their preferred method to confirm participation and communicate program updates. We look forward to seeing you on the trail!**

Register Here

THREE EXPERIENCES TO CHOOSE FROM:

SEPTEMBER 24TH: HIKING AND FIRST AID TRAINING
OCTOBER 15TH: HIKING AND WATERCOLOR PAINTING
NOVEMBER 5TH: HIKING AND YOGA

COST: FREE!

PICK UP SITES: QUILCENE COMMUNITY CENTER AND BRINNON SCHOOL

For more information contact Holly Gumm: hgumm@co.jefferson.wa.us

WILD SOCIETY

Empowered Teens Coalition



Theories on Time and Money and Doing Absolutely Nothing...

According to Erwin!

We're sliding headlong into October with August weather (pleasant, if you like warmth and dislike rain, drizzle, fog, or moisture of any kind). Unusual, when it seems like last year we had October weather in September, with a repeat in October, maybe a few October-ish days in November. It's hard for me to remember exactly what the first full month of Autumn brought last year, but it somehow doesn't seem like a very long time since the leaves started changing color and falling, the dawn coming later and the dusk earlier, and there was a sort of worry or wonder when our latest round of Daylight Savings Time would end.

I have a theory for why, as we age, time seems to move more quickly. It's not like I spend a lot of time contemplating time and space and your or my place in the universe, and it is definitely not that I can prove this or any of several other theories.

And yet, sometimes when I'm driving a half hour here or there, and sometimes while I am painting, I get to thinking...

TIME may or may not be infinite. Humans couldn't have invented time; we do try to monitor and measure it. Some submultiple of a wink, perhaps, some length of time it takes to take a footstep. Time and distance. We have lifespans that are finite, definite beginning and end (as in our physical, corporeal beings, not arguing before or afterlife here). Even if we make it to one hundred years of age, we are, sorry, a mere bleep or blip on, say, a thousand-year chunk of the presumably infinite line. If we go to a larger length of time, ten thousand years, for example, our existence is an even smaller blip. I don't want to do the math. It doesn't really matter. Smaller.

IT MAKES SENSE that, if summer vacation when you were twelve was $3/144^{\text{th}}$ of your life (or $1/48^{\text{th}}$), and seemed long and glorious, but you're now, let's say, fifty, we're talking, um, uh, calculating... $3/600^{\text{th}}$ (or $1/200^{\text{th}}$) of your life to this point. No wonder this summer seemed so, let's say, fleeting. Neither our longevity nor our size in comparison to the incomprehensible vastness of the universe means we're insignificant or unimportant. What our relative nothingness does mean is each of us has a certain (and mostly unknown) chunk of time to be cruising or snoozing or working or binge watching or shopping or worrying or being angry... whatever we chose to do with our time.

HERE'S WHAT got me thinking about some of this time allocation stuff: I surf. Surf on the Strait of Juan de Fuca is fickle. When there is a chance of waves, a surfer desires to go. I work. Work is important. I do not, I must insist, live to work. However (see above) work is important and necessary. So, did I go recently when the surf, in a sea of flatness, was forecast to be rideable? Yes. Was the surf great? No. Worth the time and expense and the lack of the money that could have been earned? Hmmm. So, the question I have asked others enjoying (to a lesser or greater level than where I was on the guilt-to-bliss scale) this session: "How much money would it take for you not to go?"

A more accurate question is, "How much money have you taken not to go?" Probably not enough, though this varies, related to the quality of the surf. Fill in with your own leisure time activity.

MONEY, it's what we trade our skills and our hours for, theoretically.

Another factor in my overthinking time is that we are in another election season, with ads for opposing candidates jammed together like an unmoderated debate. Voting is often referred to as a ZERO SUM GAME, a vote for one candidate taken from the other. Time may be the ultimate of these games. I don't mean to suggest that having an "I'll sleep when I die" attitude is appropriate, but it would seem being bored is not a good use of our time. Rest, sleep, recreation, gardening, sorting out our tools, doing

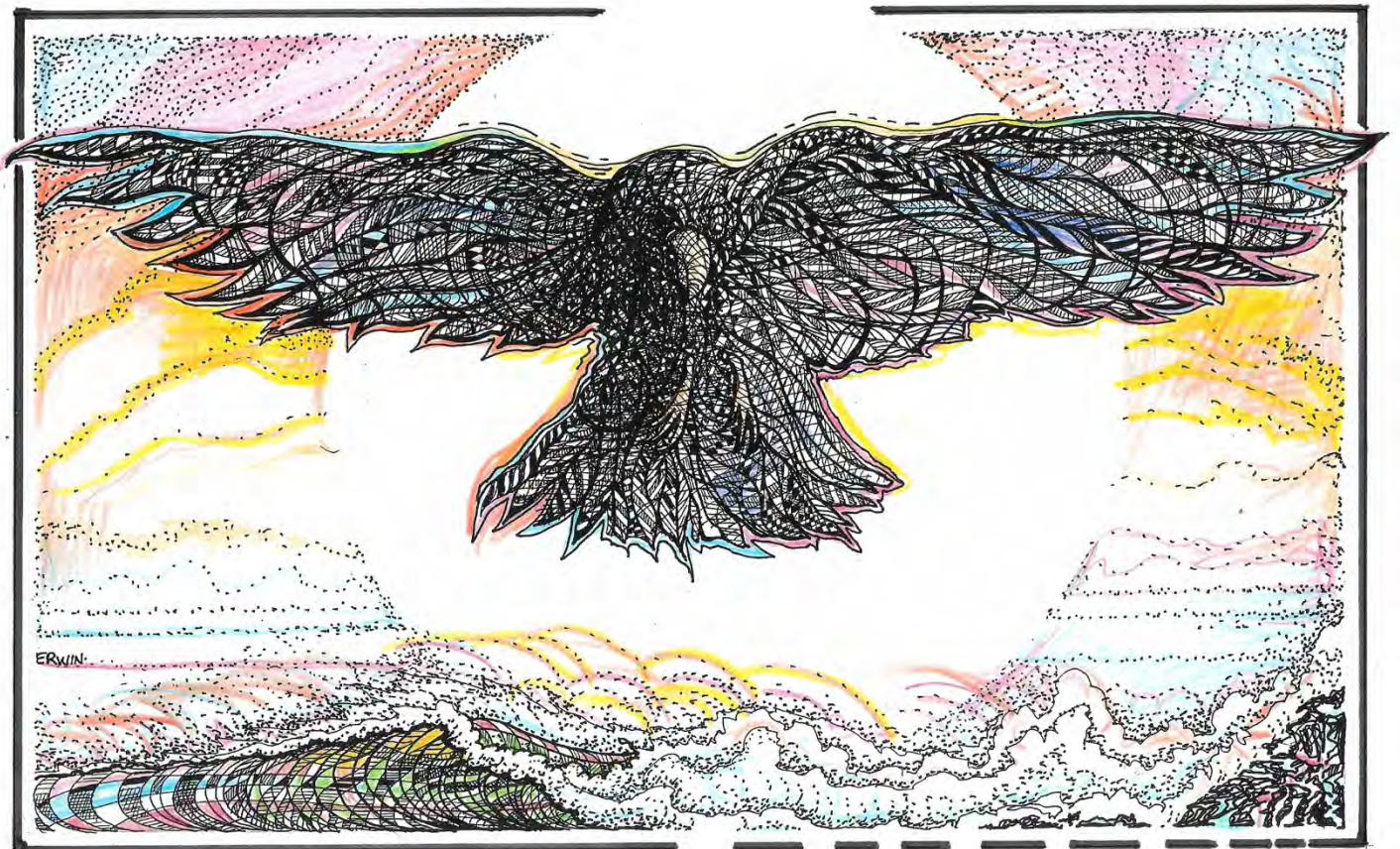
doing ABSOLUTELY NOTHING; these non-activities are sometimes the very best use of our time. I spent part of a day recently binge-watching the latest "Game of Thrones." I was exhausted. Many speak highly of the rejuvenating effects of meditation. I have thought about it.

If our earth, rotating and revolving, it seems like half of us are in the darkness and half in light. It also seems something like a third of humanity must or should be sleeping. This should explain why I don't, purposefully, meditate. Accidentally, yes.

THE GOOD NEWS for those of us who are farther along on our blip or bleep is that our stashes of memories and stories grows ever larger. My last theory is that remembering a story once helps to bring out the deeper cuts (album talk here), little, "Oh, yeah moments." Then, in remembering or retelling the story, we have the advantage of remembering the original event and the edited, possibly enhanced, and/or embellished version. Helpful.

Thank you for spending some submultiple of your life reading this. Happy October.

Erwin



Jefferson County Library - October 2022



UPLIFT

Family
Conversation
Series

Thursdays, 3:00 - 4:00 pm

Attend at the library or on Zoom!

Join in weekly family discussions and activities designed to enrich our social skills and keep our values growing. All ages are invited with content focused for 7-11 year olds. Please [register](#) on our website if you plan to attend via Zoom. Packets for each session will be available one week prior. [See the schedule.](#)

Outdoor Storytimes

Mondays, 10:30 – 11:00 am

H.J. Carroll Park, Chimacum

Thursdays, 10:00 – 10:30 am

Worthington Park, Quilcene

Join Rosaletta for stories, songs, and physical movement to build children's love of reading and learning.

Storytimes are created with pre-school and toddler age children in mind, but all ages are welcome. [More.](#)

Babytime Outside

Wednesdays, 10:30 – 11:00 am

H.J. Carroll Park in Chimacum

Join Rosaletta for songs, rhymes, simple stories, and playful movement designed to stimulate brain development. Please dress for the weather and bring a blanket to sit on. Siblings are welcome. [More.](#)

Kids Make-It: Dragon Scales!

October 1 - 31

Create a "dragon scale" representing a favorite story, a fear you hope to overcome, or something special about you! Your scale will be added to the library's Dragon Scarecrow entry for the Worthington Park annual scarecrow festival. Drop by the library or pick up a kit at the Bookmobile.



No Library or Bookmobile Services on
Monday, October 10. Staff Education Day

Wild Mushrooms from Peninsula to Plate

Friday, October 7, 2:00 pm

Jefferson County Library

Saturday, October 8, 2:00 pm

Brinnon Community Center

Enjoy an afternoon with [Langdon Cook](#), writer, instructor, and lecturer on wild foods and the outdoors. Langdon will share his true tales and tips about the magic of finding and cooking with mushrooms. The program will be followed by a Q&A session and book signing. Books will be available for purchase at the event. [More.](#)



The SUPREME COURT of the United States



Thursdays, 6:00 pm

October 13, 20, 27, November 3

The Supreme Court plays a vital role in shaping American laws, upholding rights, and balancing the powers of the other two branches of government. This four-part series will review the court's processes and players, explore select major cases from the 2021 term, and discuss the scheduled cases for 2022. Visit the events calendar at [jclibrary.info](#) to participate in the discussion online.

JeffCo Repair Event

Coming Soon!



Join us October 15th, 11am-2pm at
the Brinnon Community Center

What are Repair Events?

Repair Events are free community gatherings where individuals can bring their broken belongings to be repaired by local volunteers with a variety of skills and knowledge.

We are currently **attempting repairs on:**
Small Appliances &
Electronics,
Sewing/Textiles,
Tool Sharpening



Interested in the idea of repair?
Would you like to join our crew of
volunteer fixers? Contact Mandi at
mjohnson@ptmsc.org!
Limited, modest stipends are
available.



Learn more at
JeffCoRepair.com or
scan here





Program: River Otter Beach Walk

Wednesday, 10/19/22 @ 10am

Registration: <https://www.eventbrite.com/e/river-otter-beach-walk-tickets-411776112437>

Join us to learn about these cute and curious creatures that live throughout the Puget Sound. We'll be taking a beach walk on East Beach past the Wansboro Battery and discussing the river otter's life cycle, behavior and where you might find

them. If we're lucky, we may even see one! Bring comfortable shoes, warm clothes and a rain jacket.

Meet: East Beach past Wansboro Battery

Presenter: Jenn Riker



Program: Southern Resident Orcas

Registration: <https://www.eventbrite.com/e/southern-resident-whales-update-tickets-411781919807>

Saturday, 10/29 @7pm

Join us to learn about our Southern Resident Orcas, now they are doing, and recent research. Join Friends of Fort Flagler for an in-person presentation at the Fort Flagler hospital and learn about the Southern Resident Orcas at the Hospital.



Meet: Hospital behind the Museum.

Presenter: Brad Hanson, Ph.D., Wildlife Biologist, Brad is an ecologist with the Northwest Fisheries Science Center and is currently studying foraging and habitat use of Southern Resident killer whales and health

assessment of harbor and Dall's porpoises. Previously, Brad worked as a Wildlife Biologist at the National Marine Mammal Laboratory in Seattle, WA. Brad received a Ph.D. from the University of Washington where he worked on the development of improved tag attachment systems for small cetaceans. He also holds an M.S. in Fisheries from the University of Washington and a B.A. in Zoology also from the University of Washington.

Friends of Fort Flagler is a non-profit organization dedicated to the restoring, preserving, and protecting the natural and historic resources of Fort Flagler State Park. Please support our state park by becoming a member, volunteering, or donating to our organization.

October 2022

October 2022							November 2022						
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa
						1			1	2	3	4	5
2	3	4	5	6	7	8	6	7	8	9	10	11	12
9	10	11	12	13	14	15	13	14	15	16	17	18	19
16	17	18	19	20	21	22	20	21	22	23	24	25	26
23	24	25	26	27	28	29	27	28	29	30			
30	31												

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Sep 25	26	27	28	29	30	Oct 1 Bookmobile 2pm to 4pm
2	3 Computer Lab 9am to 1pm	4 Bookmobile 1:30PM Computer Lab 9am to 1pm	5 9am Emergency management Food Bank 11am	6 Aerobics 11am Computer Lab 9am to 1pm	7 Computer Lab 9am to 1pm	8 Bookmobile 2pm to 4pm Quil Trails Meeting 4pm
9	10 Computer Lab 9am to 1pm Lions Club 6:30PM	11 Bookmobile 1:30PM Computer Lab 9am to 1pm Fair Committee Party 5	12 9am Emergency management Food Bank 11am	13 Aerobics 11am Computer Lab 9am to 1pm Port of Port Townsend	14 Computer Lab 9am to 1pm	15 Bookmobile 2pm to 4pm
16	17 Computer Lab 9am to 1pm Quil/Brinnon Chamber of Commerce 4:30 to	18 Bookmobile 1:30PM Computer Lab 9am to 1pm	19 9am Emergency management Food Bank 11am	20 Aerobics 11am Computer Lab 9am to 1pm 12:30pm Garden Club	21 Computer Lab 9am to 1pm	22 Bookmobile 2pm to 4pm
23	24 Computer Lab 9am to 1pm Lions Club 6:30PM	25 Bookmobile 1:30PM Computer Lab 9am to 1pm	26 9am Emergency Food Bank 11am hiba 10:00 AM	27 Aerobics 11am Computer Lab 9am to 1pm	28 Computer Lab 9am to 1pm	29 Bookmobile 2pm to 4pm
30	31 Computer Lab 9am to 1pm	N 		3	4	5